



BESTOW UNIVERSITY

KNOWLEDGE IS
BEAUTIFUL

Bestow Berry Beautiful empowers your body to win the free radical vs antioxidant battle going on in your skin by supplying an abundant feast of powerful anti-oxidants.



BESTOW BERRY BEAUTIFUL | key learning points

Bestow Berry Beautiful protects your skin from within.

This colourful super anti-oxidant powder contains delicious berry and fruit powders to protect skin from the ageing affects of free radicals.



THE VILLAINS | FREE RADICALS

- Unstable compounds which steal electrons from stable molecules.
- They erode health, break down collagen, damage skin and contribute to disease.
- Occur as a result of radiation from laptops, mobile and tablets and wi-fi.
- Other common sources are car exhaust, UV rays, cigarette smoke, pollutants and industrial fumes.

THE HEROES | ANTI-OXIDANTS

- Peace-keeping compounds which neutralise free radicals by donating or sharing electrons with them.
- They interrupt the destructive cycle of free radical damage.
- Skin cells remain strong, healthy, resilient and protected.
- Bestow Berry Beautiful provides a rich daily source of anti-oxidants.





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BESTOW BERRY BEAUTIFUL | FEATURES & INGREDIENTS

- Bestow Berry Beautiful contains powerful antioxidants from super-food sources.
- Brightly coloured fruits like berries contain highest the levels of anti-oxidants.
- Anti-oxidants include Vitamins A, C and E, bio-flavanoids and anthocyanins.

Anti-oxidant super-food ingredients

Berries: Black-currents, blueberries, camu-camu, acai.

Fruit: Black doris plum, pomegrante.

Bonus ingredients

Chia: Provides soluble fibre for healthy bowel function, zinc for healing and omega-3.

Kelp: Iodine in kelp supports thyroid functioning, increases energy levels and helps with maintaining a healthy weight.

Who is it for?

Everyone! Every single client will benefit from Bestow Beauty Powder.

How to use it

Adults take one teaspoon daily, mixed into food or water.
Children can take half a teaspoon daily, mixed into food or water.

Bestow Berry Beautiful Ritual

Encourage clients to create a daily food ritual, which includes their Bestow Berry Beautiful. It adds a beautiful pink colour and zingy berry flavour to any Bestow smoothie.

FAQ's

Is it safe for pregnancy and breastfeeding? We believe it is, but it's always best for your client to check with their doctor or midwife.

How to Take Care of Bestow Berry Beautiful

Store in a cool, dry place and consume within six weeks.
If you cannot get through it in this time put a portion of it in the freezer.



"Bestow Berry Beautiful is my delicious solution to the problem of the free-radical exposure we have in our modern lives. It provides a super anti-oxidant booster which empowers your skin to protect itself from damage."

~ Janine Tait | Bestow Beauty Founder